

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

April 2024

IMPORTANT DATES IN APRIL 2024

Wednesday, April 3rd – Officer's Meeting 7:30 PM - ZOOM
 Wednesday, April 10th – General Business Meeting – 7:30 PM (Rosary @ 7:00 PM)
 Council Hall, Guadalupe Center, Queen of Apostles Campus
 Sat/Sun, April 13th/14th - Membership Drive, All Masses at QofA
 Sat/Sun, April 13th/14th AND April 27th/28th, KOVAR, All Masses at QofA
Thursday, April 25th, Second Annual Queen's Cup Golf Tournament! SIGN UP NOW!
 Every Saturday morning @ 2:00 AM – Our Council's Adoration Hour

Grand Knight's Message

It is with pleasure that report that Council 4522 did very well with the fish fry activity. We not only covered our expenses but made profits from the event. I commend Brothers Rick Sacra and Danny Restivo in handling the purchases for the items needed for the fish fry. Rick and Sonny Masso created the sauce used to season the fish as well as fried and baked all the fish. Danny, Sebastian Amaya, his wife Maria and daughter, John, Kevin, Vincente, Carroll, Dan, Tuan, Will, JP, Karla, and several others served in various capacities to make the fish fry a success. PDGK Vincent, who was visiting the area even joined to help serve. Our brothers and parish members pull together to serve in one way or another both evenings to show their support for John Paul II Council 4522.

Earlier, I mentioned that we made profits from the fish fry, the profit was made possible by the parish community. The Queen of Apostles parishioners and priests and deacon came out with family and friends to support the Council. Their support showed the Council and parish is one. They displayed appreciation for the visibility and appreciation of the Knights. It is so wonderful to be a parish council. I sincerely appreciate the support and patronization of the parish community and the worthy Knights. Thank you, my brothers and sisters.

I would like to remind all Council 4522 members that the election process has begun. Currently, we are building a slate of officers through the nominating committee chaired by Larry. Please, my brothers, take action by nominating yourself for an office. Rick Sacra started the building of the slate by nominating himself for the Deputy Grand Knight, Sonny Masso nominated

himself for the Advocate office. I am nominating myself for the Grand Knight position. Keep in mind worthy Knights that offices are open and needing candidates. If we are lucky to have two nominations for a position, that would be fabulous. It means we could have an election. It takes officers to run and maintain a Council.

Fraternally,
GK Patrick Okonkwo

Knights of the Month

This month's Knight of the Month is Brother Kevin Becks for his outstanding leadership and efforts during the Lenten Fish Fries AND his efforts and participation on the Second Annual Queen's Cup Golf Tournament planning committee AND leading Queen of Apostles' RCIA program this year! Brother Kevin is a busy Knight indeed—and well deserves this month's recognition! Congratulations Brother Kevin!

Our other Knights of the Month included Rick Sacra and Sonny Masso. These two brothers pull together to coordinate the fish fry but incorporated their volunteerism to serving at Christ Church on the second Tuesday of the month that serve meals at Christ Church.

Families of the Month

The family of Brother Sebastian Amaya is this month's Family of the Month. Brother Sebastian and family were mainstays during the two Lenten Fish Fries. The Amayas are heavily involved in most if not all of the Hispanic ministries at Queen of Apostles. Queen of Apostles and Council 4522 are blessed to have the Amaya family as part of our "families". Congratulations, Amaya Family!

Our second Family of the Month for April is Danny Restivo and his wife, Meredith. Danny has consistently led the team that goes to Christ Church to provide prepare the meals for the feeding of citizens who come to Christ Church to receive the meal. Danny is supported and encouraged to coordinate this activity by his Meredith. In addition, Danny served on both days of the fish fry as well as participated in the shopping of the items used in the fish fry.

2024/2025 Council 4522 and Casey 4522 Foundation Nominations

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

All 3rd and 4th Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for).

SK Larry Cirignano @ LarryVote@gmail.com is the Chairman of the Nominating Committee and is being assisted by FS Roger Williams sbrog11@yahoo.com. If you are interested in running for a position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—as soon as possible. In accordance with Article VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the May Council Meeting. This report will include information related to the nominations for both the Council and the Casey 4522 Foundation in the Fraternal Year 2024 to 2025, which begins July 1, 2024.

Please note – Election Date: The Council will conduct its annual election of officers during the regular June General Business Meeting (June 12th) under New Business. Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin.

Positions are as follows:

- Grand Knight
- Deputy Grand Knight
- Chancellor
- Recording Secretary
- Treasurer
- Warden
- Advocate
- Inside Guard
- Outside Guard
- 3rd Year Trustee
- Past Grand Knight Delegate

Candidates are also being sought for Officer positions in the Casey 4522 Foundation (TWO Year terms). The Casey 4522 Foundation, is essentially, the “Charitable” arm of the Council and is chartered in the Commonwealth of Virginia. It’s Charter reads in part, “To act and operate exclusively as a nonprofit corporation pursuant to the laws of the Commonwealth of Virginia and to act and operate as a charitable organization...providing relief of the poor, the hungry, the homeless, and distressed by educational training programs, self-help programs, providing financial support and providing food and clothing to the aforesaid.

Nominations to date – In *italics*

- President (Officer and Director)
SK Roger Williams, PGK
- Secretary (Officer)
SK James T. Moore, Past Chancellor
- Treasurer (Officer)
SK Criag Delaney, PGK

Our Personal Holy Hour – Adoration



As many of you know, we Knights have the Friday night/Saturday morning 2:00 AM – 3:00 AM time period for Adoration. By God’s grace and Bl. Fr.

McGivney’s help, we are now up to seven! I’d like to invite even more brothers to heroically sacrifice and spend time with our Lord. If we get enough Knights to answer the call, we can maybe schedule two at a time! This is a wonderful opportunity to support our Parish, and to be in sacred silence with our Lord. Please contact John Cosgayon at jncos95@outlook.com if you’re interested or have questions.

Saturday Men’s Encounter – April 6, 2024

Every month, we will be having a monthly Queen of Apostles Men’s Saturday Encounter! Cromwell Enage will be leading a reflection on Divine Mercy. There will be breakfast and coffee as well. Kickoff is at 9:00 am and the conclusion will be at 10:30 am. While not officially a Council event, our participation as the visible faithful men of our parish community is strongly encouraged. Your Worthy Faith Director may need a hand setting up!!

**The QUEEN’S Cup GOLF TOURNAMENT
SAVE THE DATE – April 25, 2024!**

Calling ALL Golfers—Pros and Hacks alike! Gather up your foursome or sign up and we’ll pair you up with other friends of Queen of Apostles Catholic Church, Queen of Apostles Catholic School and Pope John Paul II Council4522 Knights.

This is our SECOND ANNUAL Queen’s Cup! To be held at beautiful Westfield’s Golf Club in Clifton, VA. Members of all three organizations have been working hard all winter in preparation to bring you a high-quality, memorable event—now, all we need is YOU!

A beginner? No problem! Haven’t played in years? No problem! We’re looking to have a great time, enjoy a great walk in the woods (hopefully not too often), and support these three worthy institutions.

See the attached flyers for registration or sponsorship opportunities.

Have a small business or a business looking for some great exposure? Consider signing up for one of the many available sponsorships! Your support will be greatly appreciated!

Contact Worthy Financial Secretary, Roger Williams at (703) 629-3239 for more information!

A Note from our Lecturer:

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another.”

In our faith journeys, especially in the sacrament of reconciliation, we generally focus on mortal sin. During these last two weeks of the Lenten season, let us examine the attributes above, including the venial sins, to attempt as closely as possible to perfect ourselves within the tenants of Galatians.

In the Spirit of my message tonight, I’d like to mention the life of a parishioner who embodied all the attributes of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, as well as service over self, giving absolutely everything, he had in service to our wonderful parish, Mr. Jerry Crowley.

Jerry had been suffering with illness for a while. An illness he kept to himself. An illness that never interrupted his duties supporting our Holy Masses and other services. A few weeks ago, while in the Ambo, performing duties as a lector, Jerry profoundly struggled with his reading. I wondered if he was okay. He wasn’t. Within a few days, he was with our Lord.

I spoke with Jerry, a US Navy Surface Warfare Officer, as am I, often and with great humor and pride. Jerry was a sacristan, a mentor to all who served Mass, in any capacity. He lived a Holy and wonderful life. He avoided politics. He only lived in service of our Parish, and his Lord and Savior, and his blessed Mother. If you wonder how to abide by the attributes described in the Holy Scripture, don’t worry about reading Galatians. Merely remember Jerry and do what he did throughout his life. I am profoundly saddened by his passing, but I have a hunch he is a rare person who might just skip purgatory and maneuver directly through that narrow door to heaven.



It has been a joy participating in fish fries, and other service-related events with you. I wish you all a blessed remainder of Lent and success on your individual growth plans for holier lives.

God Bless you. – Sonny Masso

40 Cans for 40 Days Effort

Here are snapshots of the results from our 40 Cans for 40 days. Thank you to Brother Daniel Penrose and several of our fellow brother Knights who helped make this successful!



Financial Advisor's Message

We spend six weeks each year during Lent fasting, praying and almsgiving. We hope to unite our fasting and praying with Jesus' 40 days of fasting and praying in the desert, to focus on preparing both our inner and outer selves to celebrate the great Easter feast. We give alms to identify with that great sacrifice of God giving His only begotten Son. With Easter on March 31 this year, I hope this finds that you had a very blessed celebration of this central Christian feast! Easter certainly brings thoughts of newness and renewal. We hope our fasting, praying and almsgiving renews our closeness to God.

As Spring settles in, I observe the many rituals of the season. I think of newness and renewal. Outside beds are prepared for new planting. I see the new blossoms on trees and flowers reaching full bloom, lengthening of daylight, and a rush of sounds and sights not seen for many months. Schoolchildren begin to count down the days to summer vacation. Parents do the same counting down...perhaps without the joy of the children!

Spring seems to elicit looking forward.

As I look forward this Spring, I am renewed in my mission to meet with my members. I want to keep you apprised of any changes you might want to consider in your insurance program. I hope you will keep me apprised of any changes in your circumstances. Adjustments can be made to make sure that you are on the path to reaching your goals.

The Order offers a diverse array of products and services to help you do that. Together we can complete or update your financial needs analysis. This can show where you stand and helps discover any gaps in protection you might have. Our products: life insurance, retirement annuities, long-term care insurance and disability income insurance, are our core products to help protect you and your family. I'll call on you soon to see if it makes sense to arrange for a meeting.

Vivat Jesus!

Carlos Perez, Jr., CFP®, FIC
Financial Advisor
The Abbate Agency, Knights of Columbus

Casey Women's Club

CWC item - We continue to meet at a members' home. We will also continue to have Bunco once a month. Our singular upcoming April birthday is Pat McHenry.

Geri Owen VP

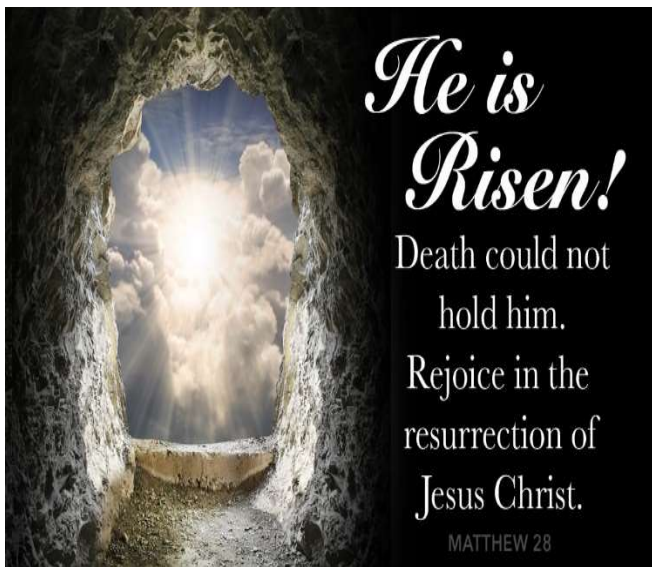
April 2024 Birthdays



Michael Lenn	04-02
Dean F Clancy	04-06
Stanley J Radzevicius	04-07
David A Brown	04-10
Ramon S Sarmiento	04-10
Jack N Kodrich	04-12
Richard E Pompei	04-15
Sean M Hurley	04-26
James Thomas Moore	04-26
Jerome McAvoy III	04-28
Bennett Clifford	04-29

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



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The submission deadline for the May Newsletter is April 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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